



**Title:** Consultant for Development of Stress and Anger Management Workshop  
**Program:** Comprehensive Iraqi Refugee Assistance Program (funded by BPRM)  
**Duration:** Short Term Consultancy - Approx. 3 months  
**Location:** NA

**Summary:** **International Medical Corps (IMC)** is seeking a consultant to work closely with IMC, in collaboration with **local partner ABAAD-Resource Center for Gender Equality**, to develop and give a workshop on Stress and Anger Management for Lebanese and Iraqi men and boys residing in Lebanon. The consultant will work to ensure that the workshop relay basic knowledge and tools of Stress and Anger Management to participants, while promoting services provided by IMC to participants. The consultant is also expected to report on the outputs and impact achieved by the workshops.

**Responsibilities:**

IMC expects consultant to meet the following responsibilities and tasks:

- Develop content and lesson plan for Stress and Anger management training for Iraqi and Lebanese men residing in Lebanon
- Attend IMC Men Center Program Team weekly meeting when required in order to share the developed content and lesson plan
- Incorporate feedback from the Men Center Program Team into developed plans for the workshops
- Facilitate the Anger and Stress Management Workshop for Iraqi and Lebanese men residing in Lebanon
- Document all aspects of the trainings in a Final Report that would include descriptions of the preparations and development of the Workshops, the actual training and an activity by activity summary of the workshops, and analyzing the outputs and impact of the workshops
- Work with the Project Coordinator to develop a Monitoring and Evaluation Framework for the Workshops to assess the outputs and impact of the workshops
- Work with the Project Coordinator and the Men Center Psychotherapist in promoting the services of the IMC Men Center to the workshop participants

**Qualifications:**

- A minimum of an M.A. or M.S. degree in Psychology or related field
- Experience in the use of participatory methods and adult learning
- Appropriate and extensive experience as a trainer in Lebanon or the Middle East Region
- Demonstrated experience in the domains of Stress and Anger Management

- Demonstrated commitment to working on gender and protection issues, with a specific interest in ending domestic and gender based violence
- Demonstrated knowledge in: The Lebanese context related to the field of Gender Based Violence
- Experience in Monitoring and Evaluation (assessing output and impact of trainings on participants)
- Excellent written and verbal communication skills, and the ability to present produced tools before audiences (Arabic & English)
- Solid organizational skills and the ability to manage multiple tasks simultaneously, often working under deadline
- Excellent teamwork skills

### **Terms and Conditions**

The consultant will liaise with IMC staff and will work with, and report to, Ms. Zeinab Hijazi, IMC Regional Mental Health Coordinator and Ms. Ghida Anani, IMC GBV Advisor and Director of ABAAD.

**Important: The Consultant shall keep confidential and shall not, without the written consent of the IMC divulge to any other party documents, data, or other information of a confidential nature.**

We envisage a period of three months consultancy work with agreed upon lump sum per month.

### **Interested candidates are invited to send their:**

- 1- CV
- 2- Motivation letter
- 3- Envisioned general outline of the training workshop

**By March 15 2012 to International Medical Corps staff, contact information**

**Gary Zeitounalian, IMC Senior Psychosocial Field Officer at**  
[gzeitounalian@internationalmedicalcorps.org](mailto:gzeitounalian@internationalmedicalcorps.org)

**Please mention job title "Consultant for development of Stress and Anger Management Workshop" in email title.**

**Note: Only selected candidates will be contacted.**